



Intentional Parenting: *Using Our Words*

Background: *Faith & Family...God sent Jesus to Earth so we could actually see what God looks like. After Jesus went to Heaven, he commissioned his disciples (us) to go out to do His work...so that people could still SEE what Jesus is like. We are certainly far from being Jesus, but we can do our best to act like Him - love all, be kind, think before we speak, etc. That way people get to know Him. What an amazing job we've been entrusted with! Now we've got kids - it's our job as a family (whether we're together or by ourselves) to continue that work...*

- 1) What are the 3 most important characteristics you notice about Jesus - think about the stories you've heard over and over...what is He like?
- 2) What is a word that describes a characteristic you'd like to see in each family member? The most important one to you.
- 3) How would you define that word? Do you know someone who demonstrates that word well?
- 4) Would your kids define that word the same way you would? How might they describe it differently?
- 5) How do you want your kids to define themselves? We want them to have good "I-Sight."

Action Steps: *How to build this word in your family...*

- Keep in mind: This takes TIME! (more than a week or a month)
- (This week!) Decide on the word as a family.
- (This week!) Define it together: What does it look like, feel like, sound like?
- Notice it often in EVERYONE. Be specific with your noticing.
- Celebrate your success! Problem solve together when things don't go so well.

Our Family Word: _____

Each family member should add their definition with words or a picture to the list:




1) _____

2) _____

3) _____

4) _____

5) _____

Looks Like 	Sounds Like 	Feels Like 

In our family, we commit to modeling this word for our family and the world around us. We are excited to represent our family well with this word!
(Sign your name here if you agree.)

